

Vegetable Sushi Cookbook Izumi Shoji

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## Summary:

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The Vegetable Sushi Cookbook | Addicted to Sushi The Vegetable Sushi Cookbook is the brainchild of Izumi Shoji, a hugely popular blogger in Japan, who shares her expertise in taking a wide variety of vegetables and transforming them into delicious and healthy sushi meals. Vegetable Sushi Recipe | Ina Garten | Food Network Put the rice in a pot with exactly 3 cups of water and cook covered over high heat until it starts to foam, about 5 minutes. Reduce the heat to low and cook until tender, about 15 minutes.